

## Self guided cycle mini-break

*Difficulty:- moderate, some cycling fitness required*

Cycling is a big part of French culture and French car drivers are bike friendly.█

The area boasts a huge wealth and variety of natural attractions which are ideal for exploration on two wheels, and as we are located in the golden triangle of the Périgord Noir, between **Bergerac** and **Sarlat** this is an ideal base for your cycling break.

We provide 24-speed Cannondale and 21 speed Trek hybrid/touring bikes. These lightweight, high-performance bikes are ideal for the country roads in this area.

A detailed map of the area is included in the package for you to plan your own routes according to your fitness level. The more energetic can easily extend routes as required.



From La Salvetat, explore the astonishingly preserved fortified *bastide* town of **Monpazier**, **Belves**, a former English stronghold on a hill top site with magnificent views, **Montferrand du Périgord**, a pretty little village with a nearby tiny Roman church, **Molieres**, a beautiful 13th century English *bastide* or

**Urval** with its medieval *four banal* (village oven) and 12th century church. Have lunch in a local restaurant en route before completing the return leg. (Round trip distances start from approximately 16 km).



We organise on your behalf the hire of a road or 21/24 speed touring bike including helmet, handlebar bag, lock and water bottle for 2 days.

**Low season 240,75€ per person Mid Season 257,25€ per person**  
(Extra nights Low season 76,50€ Mid Season 82,00€ per person)

### INCLUDED

- ❖ 3 night, half-board stay for 2 people sharing
- ❖ Guide book and area map
- ❖ A gift of regional produce