

Walking Mini-break



Exploring independently and with your car at your disposal, the opportunity for discovering this wonderful area on foot is endless - from a 30 minute stroll around town to a 20 kilometre hike across open countryside! Fairy-tale villages with thriving markets, prehistoric painted caves, meandering river valleys with well-marked tranquil paths and majestic chateaux will hold you spellbound.

Nearby are the dramatic viewpoints of **Beynac**, **Castelnaud**, **Domme** and **Montfort**, built during the Hundred Years' War 1337-1453), and **Sarlat** which has one of the biggest concentrations of delightful mediaeval buildings. Explore the quaint streets of our neighbouring *bastides* (fortified market towns) of **Monpazier**, **Beaumont**

du Périgord, **Molieres** and **Villefrance du Perigord** - towns that recall the social, political and military adventure of the 13th century. Alternatively, combine a stroll around a local market with a visit afterwards to one of the caves *les grottes* at **Le Buisson de Cadouin** or **Proumeyssac** where you will see incredible crystal formations. Our own pretty little village of **Cadouin** is home to the beautiful cloisters and yellow-stoned former Cistercian abbey – a UNESCO site. **St Avit Senieur**, a few kilometres east of **Beaumont-de-Périgord**, is another small village with a BIG abbey.



This is an area where man lives in harmony with nature and throughout wildlife abounds – look out for *chevreuil* (roe deer), red squirrels, eagles, falcons and harriers; butterflies and insects; many vibrant orchids and, of course, mushrooms in all their forms. In September, during the rutting season, the forests near La Salvetat become an amphitheatre to the bellowing of the

mighty *cerf* (red deer), while in March and November the skies echo to the sound of the migrating *grus* (cranes).

We make reservations on your behalf at the sites of interest adjacent to your route and for a trip on a Dordogne *gabarre* from **La Roque Gageac** or **Beynac**.

TICKETS ARE NOT INCLUDED

INCLUDED (for 2 people sharing)

- ❖ Advice on planning your daily itinerary depending upon your tastes
- ❖ 3 nights in a double Garden room on the ground floor with cosy terrace
- ❖ Enjoy 3 evenings of gourmet dinners (3-course menu)
- ❖ Breakfast, served in the restaurant or on the terrace, weather permitting
- ❖ Appropriate maps and guides with several itineraries
- ❖ A gift of regional produce for you to enjoy